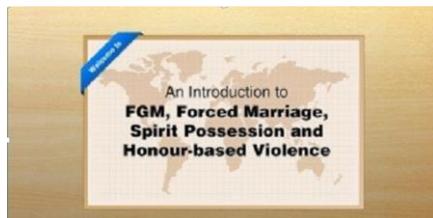


Course Catalogue

An Introduction to FGM, Forced Marriage, Spirit Possession and Honour Based Violence (Approximately 1 - 2 hours)



This course provides an understanding of Female Genital Mutilation, Honour Based Violence, Spirit Possession and Forced Marriage. These are the four main types of abuse that stem from culture related traditions and this course increases awareness of specific cultural and religious needs whilst providing the knowledge practitioners need to be confident when conversing with those from a different cultural background around the subjects.

An Introduction to Safeguarding Children (Level 1) (Approximately 1-2 hours)



This training is Level 1 Child Protection training. Level 1 is appropriate for staff and volunteers in infrequent contact with children, young people and/or parents/carers who may become aware of possible abuse or neglect.

An Introduction to the Autism Spectrum (Approximately 1-2 hours)



This course hopes to provide learners with an increased awareness of the main characteristics of behaviour which children on the autism spectrum can commonly display, as well as an understanding of the strategies available to support these.

Awareness of Child Abuse and Neglect - Core (Level 2) (Approximately 2 hours)



This is level 2 Child Protection training. Level 2 is suitable for those in regular contact or have a period of intense but irregular contact, with children, young people and/or parents/carers including all health clinical staff, who may be in a position to identify concerns about maltreatment. (LEVEL 1 IS NOT A PREREQUISITE FOR LEVEL 2)

The course aims to inform about the various types of abuse and neglect that can happen to a child and then explain what you must do if you suspect a child is being abused or neglected.

Awareness of Child Abuse and Neglect – Foundation (Approximately 1 - 2 hours)



This course is a slightly shorter version of the Awareness of Child Abuse and Neglect - Core course and it is designed to be suitable for all, not just child specialists. The course covers a variety of child protection issues and aims to inform about the various types of abuse or neglect to a child.

Awareness of Domestic Violence and Abuse (Approximately 1 - 2 hours)



This course helps you to explain, describe and recognise the signs of domestic violence and neglect. It will also help you identify ways to support victims, identify the 'dos and don'ts', recognise when it is appropriate to assist, know where and when to get help and be aware of best practice.

Awareness of Mental Health, Dementia and Learning Disabilities (Approximately 1-2 hours)



This course gives an overview of mental health, dementia and learning disability and how they may affect the way you act and treat service users within your organisation.

Basic Awareness of Child and Adult Sexual Exploitation (Approximately 1 hour)



This course is aimed at individuals and professionals who need to understand how to safeguard vulnerable children, young people and adults who are at risk of being sexually exploited. The course aims to give you an awareness of what sexual exploitation is and how to identify it whilst also describing the best practice of how to safeguard those who are at risk.

Confidentiality (Approximately 1 hour)



This module looks at learning about confidential information through a variety of activities and case studies. This module also looks at being entrusted with sensitive information relating to health and other personal matters by service users.

Consent (Approximately 1 hour)



This module looks at the topic of consent and the importance of establishing consent prior to carrying out an activity or action.

Early Child Development – Foundation (Approximately 2-3 hours)



This module highlights the importance of a wide range of factors that affect the individual pathway along which each child develops. A child’s growth, development and learning are interrelated in complex ways from the moment of conception all the way through infancy to early childhood and beyond.

Equality, Diversity and Inclusion in Health and Social Care (Approximately 1 hour)



This module looks at the main ways that people can be discriminated against. This module also looks at how to promote equality and inclusion in the work setting and how to deal with the challenges of promoting it.

Level 2 - Food Safety and Hygiene for Catering (Approximately 2-3 hours)



This Level 2 Food Safety & Hygiene Certificate for Catering course satisfies a food handler's legal obligation to undertake appropriate food safety training.

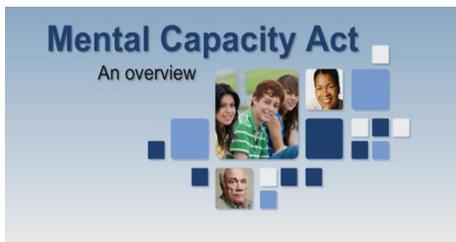
The online course is suitable for anyone who handles or prepares food or is involved in the management of such people in a catering environment. This includes hotels, restaurants, takeaways, cafes, bars, fast food outlets, kitchens, hospitals, prisons, schools and colleges.

Meeting the Communication Needs of Individuals (Approximately 1 hour)



This module looks at how you can find out someone's communication and language preferences, the different methods of communication you can use and when you should seek advice.

Mental Capacity Act (Approximately 2 - 3 hours)



The Mental Capacity Act is intended to assist and support people who may lack capacity and to discourage anyone who is involved in caring for someone who lacks capacity from being overly restrictive or controlling. This course aims to help care workers look at how the Act will affect them and to help them to develop best practice to include in the new legislation.

Nutrition and Hydration (Approximately 1 hour)



This module looks at what a healthy diet consists of, how to support service users to make the right food and drink choices and how to monitor their food and drink intake.

Person Centred Approach in Adult and Social Care Settings (Approximately 1- 2 hours)



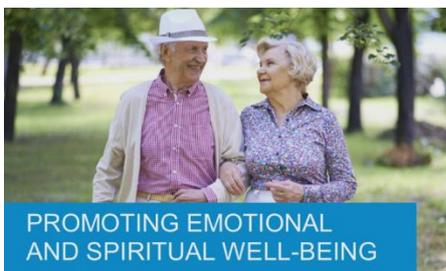
Person centred planning is crucial to providing quality care and support. It helps professional care and support workers find out what is important to the person they support and enables services to be built around what matters most to that individual. This module has been designed to provide learners with the knowledge and skills required to promote and implement person-centred approaches in adult social care settings. On completion learners will have an increased understanding of person-centred approaches including the importance of consent and the role of risk assessment.

Promoting Effective Communication in Health and Social Care (Approximately 1 hour)



This module looks at the importance of effective communication and the different ways and reasons for communication

Promoting Emotional and Spiritual and Wellbeing (Approximately 1 hour)



This module looks at the importance of promoting emotional and spiritual well-being. It also looks at understanding the definitions of identity, self-esteem, self-image and well-being.

Risk taking behaviour (Approximately 2-3 hours)



This e-learning course has been designed to raise awareness of the main issues around risk taking behaviour and young people sexual health. It has been designed for wide variety of people and is intended for anyone who comes into regular contact with young people and/or their families in the course of their work. It provides learners with an increased understanding of risk taking behaviour allowing them to develop their work in a way that improves outcomes for young people

Safeguarding Adults (Approximately 1-2 hours)



This training course is for anyone who encounters adults at risk of abuse in the community, in a person's own home, in a hospital, in a day care or residential setting. This includes formal and informal carers, volunteers, health and social care professionals.

Safeguarding Children Refresher (Approximately 1 - 3 hours)



This is a child protection refresher for staff and volunteers that have completed Level 1 or Level 2 training at least one year ago. Child Protection training should be repeated at least every 3 years.

The course aims to inform about the various types of abuse or neglect that can happen to a child and then explain what you must do if you suspect a child is being abused or neglected.

Self-Harm and Suicidal Thoughts in Children and Young People (Approximately 1 hour - 1.5 hours)



This course aims to educate learners about the warning signs, risk factors and actions to take should they suspect a child or young people is self-harming or having suicidal thoughts.

The Assessment and Management of Urinary Incontinence and Bladder Dysfunction in Adults (Approximately 1-2 hours)



This course aims to increase awareness of the main issues around bladder incontinence and provide the learner with the information needed to undertake a holistic assessment of individuals with urinary incontinence and bladder dysfunction, and initiate appropriate treatment.

The Deprivation of Liberty Safeguards (Approximately 1 - 2 hours)



This course is aimed at everyone working in health and social care that makes decisions for people who may lack capacity and who require a knowledge of the Mental Capacity Act and, specifically, the issue of deprivation of liberty safeguards (often shortened to DOLS).

Trafficking, Exploitation and Modern Slavery (Approximately 2 - 3 hours)



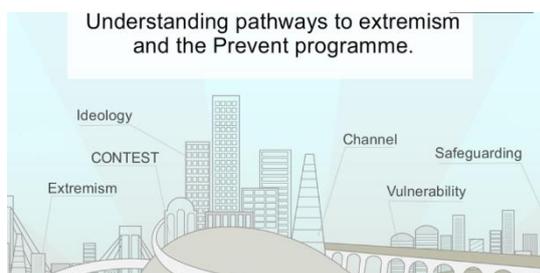
This course is about understanding, combating and helping people who are being trafficked, exploited or used in modern slavery. It examines different types of exploitation, how individuals become victims to abuse and what actions professionals should take to recognise victims and help them. This course is suitable for those working with children, young people and adults.

Understand How to Support Individuals on the Autism Spectrum (Approximately 1 - 2 hours)



This e-learning module aims to provide learners with an increased understanding of the autistic spectrum and offer strategies to support those on it. On completion, learners will have an increased awareness of the main characteristics of behaviour which individuals on the autism spectrum can commonly display as well as an increased understanding of the sensory differences of people on the autistic spectrum.

Understanding pathways to extremism and the Prevent programme (Approximately 1 - 2 hours)



Prevent and radicalisation awareness training is a way to ensure staff are able to identify children at risk of being drawn in to terrorism, as required by the Counter Terrorism & Security Act 2015 and the Prevent Duty Statutory Guidance.

This course is aimed at all professionals who work in sectors where they come into contact with people who may be vulnerable to radicalisation, whether they are adults, children or young people.